## **Heavy Equipment Training School Regina**

Heavy Equipment Training School Regina - HEO or also known as the heavy equipment operator courses would provide you with the knowledge and skills required so as to enter the workforce as an entry level heavy machine operator. In this twelve week course in addition to a practicum, you would focus on jobsite basics like for instance: health, environmental and safety awareness and training, machinery maintenance and operation, and use of earth moving techniques in hands-on situations.

This training helps you to operate on chosen things of equipment like for example a loader, compactor, dozer, grader and an excavator. There are some essential skills required to become a heavy equipment operator: good oral communication skills, excellent problem solving skills, physical stamina and strength, excellent spatial ability and good vision, the ability to work well with others in a team or alone and excellent eye-hand coordination along with excellent manual dexterity.

Technical skills are also required to operate these machines. These skills consist of: general mechanical ability, being able to operate equipment and power tools, knowledge of safe working practices, the ability to follow technical specifications, grade plans and read instructions, the ability to make mathematical calculations and basic measurements, and the ability to carry out basic mechanical repairs and maintenance.